

Personal Items Checklist: *CDL Grads*

PERSONAL ITEMS TO BRING TO ORIENTATION

Storage

- One large, soft duffel bag only (no hard-sided luggage)
- One small bag for taking personal items to and from showers and restroom facilities as needed
- One briefcase or soft-side bag for paperwork

Clothing

- Clean clothes for at least seven days
- Clothing that can be layered: jacket, cold-weather headgear, etc. (Students, plan to be out for at least 35 days. You may be driving in any part of the country; be prepared for any climate or weather condition.)
- Summer – two sets of winter clothing additional
- Winter – two sets of summer clothing additional
- Rain poncho or equivalent
- Two or three pairs of work footwear
- One pair of closed-toe, OSHA-approved footwear for use in all warehouses (You must wear closed-toe shoes when driving and working around the truck, also, but those do not have to be OSHA-approved.)
- All-weather boots
- Flip flops or other quick-drying shower shoes (for showers only, not for driving, entering or exiting the truck/trailer, or working around the truck/trailer)
- Two inexpensive pairs of work gloves

Bedding

- Sleeping bag or one blanket with twin sheet set (two blankets in winter)
- Pillow

Personal Items

- Personal hygiene items (small to medium sizes)
- Towel and wash cloth
- One-month supply of prescribed medications
- Non-drowsy cold and headache medications, if needed (no Nyquil or Dayquil or equivalents)
- Alarm clock non-electrical
- Money for food and personal items (First paycheck usually comes in two weeks.)
- Reading and listening material for down time

Tools

- Flashlight
- Small, basic tool kit
- Two padlocks with keys (Company will reimburse, so bring receipt.)
- 50' – 100' tape measure
- Small first-aid kit

Office Supplies for Your Briefcase or Soft-side Bag

- White liquid correction fluid (such as Whiteout)
- Black ink pens and paper pad (no gel pens)
- 6x9 spiral notepads for keeping up with payroll and trips
- Current Commercial Motor Carrier Road Atlas (Can be obtained at a truck stop.)
- Mini stapler with staples
- Small calculator
- 6" ruler
- Stamps and stationary
- Address book